



**Find Answers. Discover Life**

LifeSTAR Dallas  
8380 Warren Parkway #602  
Frisco, TX 75034  
Phone: 214-250-7808  
[www.lifestardallas.com](http://www.lifestardallas.com)

**LifeSTAR Phase I “Two Weekend: Beginning Care Intensive”**  
Friday Jun 19<sup>th</sup> 6:00-9:00pm; Saturdays: June 20<sup>th</sup> & 27<sup>th</sup> 9:00-5:00.

*LifeSTAR's* in other parts of the country are reporting that individuals and couples are responding well to a one or two weekend intensive. In this weekend intensive, an addict will learn about the origins of sex addiction and create a sobriety plan. Partners of addicts will learn about betrayal trauma and gain support from other women in recovery. The couple will receive education about the process of recovery and setting realistic expectations.

*LifeSTAR* is a three-phase treatment program aimed at helping individuals who struggle with pornography addiction and unwanted sexually compulsive behaviors. The phases of treatment build on one another providing a long-term and comprehensive approach to eliminating addictive/compulsive sexual behaviors.

*LifeSTAR* is a nationally recognized treatment program that is run by licensed therapists who are trained in sexual addiction recovery. Participants receive workbooks and other materials to help them succeed in recovery. The phases are designed to gently uncover and seriously approach the issues that create and maintain addictive behaviors.

A primary feature setting *LifeSTAR* apart from other treatment programs is the support offered to spouses and partners of addicts. Couples are encouraged to attend together; however, single adults and those who are married but would rather come alone are also welcome to attend.

**When:** Friday June 19<sup>th</sup> 6pm-9pm and two consecutive Saturdays June 13<sup>th</sup> and 20<sup>th</sup> from 9:00am-5:00pm.

**Cost:** \$425 a person (\$850 per couple). Please call to schedule an assessment prior to attending.

**Location:** 8380 Warren Parkway #602, Frisco TX 75034 (Sign says Aspire Recovery Center)

Call 214-250-7808 (Shane) to sign-up

visit [www.lifestardallas.com](http://www.lifestardallas.com) for more info



Therapist trained in addiction & workbooks create a strong support for recovery